








Aug 2018-GCS



ADULT DAY HEALTH CARE ACTIVITIES

MON	TUE	WED	THU	FRI
8 am - Breakfast 10 am - Snack 12 pm - Lunch 2 pm - Snack 	HAPPY BIRTHDAY!!!! Sherman J. 8th Andrew J. 19th David B. 21st John T. 23rd 	1 Bible History/Music 9:30-11 BINGO 1-3 Lunch: Chicken Marsala, Potato Souffle, Spinach & Mushrooms, Moon Pie	2 Sittercise/Music 9-11 Arts&Crafts/Games 1-3 Lunch: Meatloaf w/Apple Brown Gravy, Potatoes, stewed tomatoes, Pineapple cup	3 Music/Sittercise 9-11 Movie/Client Choice 1-3 Lunch: Cavatappi Bolognese(Meat Sauce),Pasta, Italian Veggies, Bread, Fruit Cup
6 Sittercise/Music 9-11 Arts Crafts /Bingo 1-3 Lunch: Chicken Parmesan, Rosemary Potatoes,Spinach, Bread & Fruit Cup	7 Sittercise/Music 9-11 Games/ Arts&Crafts 1-3 Lunch: Beef Pattyw/herbed mushroom gravy, garlic potatoes,mixed vevs	8 Bible History/Music 9:30 - 11 Games/Sittercise 1-3 Lunch: Turkey sausage, peppers, onions, tomatoes w/pasta, apples w/raisins	9 Beauty Time/Music 9-11 Arts Crafts /Games 1-3 Lunch: Batter fish nuggets, garlic mashed potatoes, carrots and fruit cup 	10 Music/Sittercise 9-11 Movie/Client Choice 1-3 Lunch: Hamburger Patty, potato wedges, carrots, whole grain bun, cookie
13 Sittercise/Music 9-11 Arts Crafts /Bingo 1-3 Lunch: Char grilled Beef Patty w/ Pizzaioli Sauce ,Green Beans, Bread, Mandarin Fruit Cup	14 Beauty Time/Music 9-11 Arts Crafts /Games 1-3 Lunch:Sliced Turkey Breast w/Country Pepper Gravy, mashed potatoes & green beans	15 Bible History/Music 9:30 - 11 Games/Sittercise 1-3 Lunch: Macaroni Cheese, Seasoned Carrots, Peas, Bread, Fruit Cup 	16 Sittercise/Music 9-11 Arts&Crafts/Games 1-3 Lunch: Western Omelet, Potatoes O'Brien, Cinnamon Apples, Bread, Fruit Cup	17 Music/Sittercise 9-11 Movie/Client Choice 1-3 Lunch: Pork Chop Patty,Diced Sweet Potatoes,Brussel Sprouts,Roll
20 Sittercise/Music 9-11 Arts Crafts /Bingo 1-3 Lunch: BBQ Pork Riblet, baked beans, corn, bread & Peach cup	21 Beauty Time/Music 9-11 Arts Crafts /Games 1-3 Lunch: Beef Patty w/Onion Gravy, Mashed Potatoes, Rutabaga/Red Pepper, Bread, Fruit Cup	22 Bible History/Music 9:30 - 11 Games/Sittercise 1-3 Lunch: Chicken Stew(Seeet Potatoes, Carrots) Green Beans, Apple Raisin Fruit, Bread	23 Beauty Time/Music 9-11 Arts Crafts /Games 1-3 Lunch: Meatballs and Penne Pasta in Sauce, Broccoli, Italian Vevs Blend, Bread	24 Music/Sittercise 9-11 Movie/Client Choice 1-3 Lunch: Honey Mustard Chicken Breast, potatoes, mixed veg. & fruit cup 
27 Sittercise/Music 9-11 Arts Crafts /Bingo 1-3 Lunch: Baked Chicken, Yellow Rice, Tomatoes Chives,Green Beans, Fruit & Bread	28 Beauty Time/Music 9-11 Arts Crafts /Games 1-3 Lunch: Hot Dog/Chili Sauce, baked beans, Corn w/ diced tomato, applesauce	29 Bible History/Music 9:30-11 BINGO 1-3 Lunch: Chicken Marsala, Potato Souffle, Spinach & Mushrooms, Moon Pie	30 Sittercise/Music 9-11 Arts&Crafts/Games 1-3 Lunch: Meatloaf w/Apple Brown Gravy, Potatoes, stewed tomatoes, Pineapple cup	31 Music/Sittercise 9-11 Movie/Client Choice 1-3 Lunch: Cavatappi Bolognese(Meat Sauce),Pasta, Italian Veggies, Bread, Fruit Cup